



Sacred Heart Church, Oxford

Fourth Sunday in Ordinary Time

29th January, 2023

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Parish Priest: Fr. Harry Curtis

(Also serving Our Lady Help of Christians, Cowley, 01865 770910)

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Sunday, 29 th January Fourth Sunday in Ordinary Time	7.45 am Office of Readings & Morning Prayer 9.00 am Mass (11.00 am Mass at Our Lady's) 6.00 pm Mass	Eduardo Esteban Peter Nottingham RIP Fernando Neves Liu & Luzia Pereira Lobato
Monday, 30 th January	8.00 am Office of Readings & Morning Prayer 9.15 am Mass	Mark (sick)
Tuesday, 31 st January Memorial of St. John Bosco	8.00 am Office of Readings & Morning Prayer (9.15 am Mass at Our Lady's)	Daniel Tang (Intentions)
Wednesday, 1 st February	No Public Mass Today	The People of the Parish
Thursday, 2 nd February Feast of the Presentation of the Lord (Candlemas) <i>World Day for Consecrated Life</i>	(12.00 noon Mass at Our Lady's) 6.00 pm Exposition and Benediction 7.00 pm Mass	MaryAnne Borthwick (get well) Sr. Helen Carey
Friday, 3 rd February <i>Op. Memorial of St. Blaise, or of St. Ansgar, or of St. Werburg</i>	8.00 am Office of Readings & Morning Prayer (7.00 pm Mass at Our Lady's)	Azad (Birthday)
Saturday, 4 th February	8.00 am Office of Readings & Morning Prayer (5.30 pm Vigil Mass at Our Lady's)	Dolores Connolly RIP (Anniv.)
Sunday, 5 th February Fifth Sunday in Ordinary Time <i>Racial Justice Sunday</i>	7.45 am Office of Readings & Morning Prayer 9.00 am Mass (11.00 am Mass at Our Lady's) 6.00 pm Mass	Dec'd McVeigh & McGarry Families Daniel Tang (Intentions) Horacio Liu & Filomena Liu
Confessions: Thursday, 6.00 – 6.45 pm		

Welcome to Sacred Heart Church for Mass today.

Feast of the Presentation (Candlemas), this Thursday, 2nd February. Mass at Our Lady's will be at 12.00 noon and here at Sacred Heart at 7.00 pm. We shall start at the back of the church with the blessing of candles and process to the altar.

First Friday. This Friday is the First of the month. Novena Prayers to the Sacred Heart will be said before Mass on Thursday evening.

We pray for all those who have died recently: Sr. Helen Carey FMA, Canon Gary Byrne, Dcn Joe Patterson, Ryszard Kaniszewski, Richard Hansen, Dermot Carroll, Stephen Motherway and Robert Gleeson, and all whose anniversaries occur at this time: Mgr. Michael Williams, Canon Kevin Good, Frs. Charles Smith, Mortimer Loftus, John Berry, David Condron, Denis Clancy and Joseph Connelly, and also Florrie Murphy. May they rest in peace.

Prayers for the Sick. Please pray for Barry Holland, Rosalind Ingrams, Betty Duff and Eileen McGarry and all those we know who are sick. If you or someone you know is sick and would like to be included on this bulletin, please let me know.

The counting rota: Sunday, 29th January: Chris and Edwin. Sunday, 5th February: Rachel and Phil.

*Our Parish Prayer: Help us, Lord, to receive you with an open heart this day.
May our community receive your grace and deepen its faith in you.
Make us lights to shine forth with your love, giving life and hope to those who have fallen away
or who have never known you. Amen.*

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Mass at Home. If you are not able to come to Mass you could watch it on Saturday, 5.30 pm, and/or Sunday, 11.00 am from Our Lady's where it is livestreamed at <https://www.mcnmedia.tv/camera/our-lady-help-of-christians>. Here is a prayer that you can say when you watch the Mass:

"My Jesus, I believe that You are present in the Most Holy Sacrament. I love You above all things, and I desire to receive You into my soul. Since I cannot at this moment receive You sacramentally, come into my heart. I embrace You as if You were already there and unite myself wholly to You. Never permit me to be separated from You."

Prayer at the end of Mass:

Hail, holy Queen, Mother of mercy, hail, our life, our sweetness and our hope. To thee do we cry, poor banished children of Eve: to thee do we send up our sighs, mourning and weeping in this vale of tears. Turn then, most gracious Advocate, thine eyes of mercy toward us, and after this our exile, show unto us the blessed fruit of thy womb, Jesus, O merciful, O loving, O sweet Virgin Mary! *Pray for us, O holy Mother of God*, that we may be made worthy of the promises of Christ.

Remember: refreshments are available in the hall after the 9.00 am Mass on Sundays. Come and have a chat with friends.

First Holy Communion Preparation. Children aged 8 or older are invited to start preparing to receive Holy Communion on the Feast of Corpus Christi, 10th/11th June.

Preparation classes will be in the parish hall on Monday afternoons, 4.30-5.30 pm, starting on Monday, 20th February. The Mass of Enrolment on Sunday, 26th February.

Parents, if you haven't done so already, please register your children's names with me, either with one of the application forms at the back of church.

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My Day By Day Book. The February edition is now available at the back of church (price £1).

Going Into Hospital. Please do let me know if you or someone you know is going into hospital. It is also important that you ask for the Catholic chaplain when in hospital because Chaplains are often no longer automatically given the names of Catholic patients.

National Rethink Abortion Training Day, Saturday, 4th February at Oscott College, Birmingham, B73 5AA, 10.00-5.00. An interactive event equipping you to talk about abortion in a meaningful and productive way in your everyday life. £25 (inc. lunch and refreshments). To book your place go to marchforlife.co.uk

Lepra. There will be a second collection at Masses next weekend for Lepra a charity whose mission is to beat leprosy. In the 99 years since their founding, they have helped millions of people affected by leprosy. There is now a cure for leprosy, however there is still work to be done as prejudice, discrimination, and lack of healthcare and resources mean not everyone can receive this in time to prevent disabilities.

Marriage Encounter England and Wales are offering a course on 3rd – 5th March at The Campanile Hotel, Great Western Way, Delta Business Park, Swindon, SN5 7XG. The marriage enrichment course offers a chance for couples to rekindle their relationships and focus on what is important to them. Please go to <https://www.me.org.uk> for more information and to book.

Invitation from CAFOD. CAFOD's Big Lent Walk is for a school, a parish, or a group of friends to walk together. Walk when and where you choose over 40 days, alone or with friends, have fun or take time to pray and reflect. As a Lent commitment, it's an inspiring way to bring our faith into every day of Lent, and support others in need. For more go to walk.cafod.org.uk

Pope's Prayer Intention for February: For parishes. We pray that parishes, placing communion at the centre, may increasingly become communities of faith, fraternity and welcome towards those most in need.

Lent 2023. Don't worry, it's still a few weeks away! But you should start thinking how you can best enter into this holy season of grace. *If you have palms that we could use to make this year's ashes, please let me have them during the next few weeks.*

1. **My Day By Day and the Walk With Me Booklets** will be available.
2. **Stations of the Cross.** We shall meditate on the Stations together after Mass each Sunday afternoon, before the evening Mass.
3. **Parish Lent Day of Recollection**, Saturday, 25th March, 10.00 am - 4.00 pm at Our Lady's, Hollow Way. There will be a talk and a time of prayer. It will be open to all, but it will be especially for Eucharistic Ministers, in preparation for renewal of their ministry on Maundy Thursday.
4. **Parish Penance Service.** On Thursday, 23rd March, before the evening Mass at 5.30 pm.

Tailpiece. A child was on an American religious TV programme and she was asked what was her favourite Bible story. She replied that it was the story of Jesus turning water into wine. The interviewer said, "Yes, that was a great miracle, wasn't it. And what does it teach us?" With great wisdom the child replied, "When you run out of wine, get down on your knees and pray!"

May God bless you and all those whom you love.
Fr. Harry