



Sacred Heart Church, Oxford

Twenty-ninth Sunday in Ordinary Time

18th October, 2020

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Sunday, 18 th October Twenty-ninth Sunday in Ordinary Time <i>World Mission Day</i>	9.00 am 6.00 pm	<i>Guardion (Birthday)</i> <i>The People of the Parish</i>
Monday, 19 th October <i>Memorial of St. Frideswide, Abbess</i>	9.00 am Mass	<i>Alex Jomy</i>
Tuesday, 20 ^h October	No Public Mass Today	<i>Mary Manning (Intentions)</i>
Wednesday, 21 st October	No Public Mass Today	<i>Alexander McVeigh</i>
Thursday, 22 nd October <i>Optional Memorial of St. John Paul II, Pope</i>	<i>6.00 pm Exposition with Confessions</i> 7.00 pm Mass	<i>Ellen Quirke (RIP)</i>
Friday, 23 rd October <i>Op. Memorial of St. John of Capestrano, Priest</i>	No Public Mass Today	<i>David & Eileen Foster (Ints)</i>
Saturday, 24 th October <i>Op. Mem. of St. Anthony Mary Claret, Bishop</i>	No Public Mass Today	<i>Anne Kennedy</i>
Sunday, 25 th October Thirtieth Sunday in Ordinary Time	9.00 am 6.00 pm	<i>Bernadette Nolan</i> <i>Adelina F Ximenes</i>
Sacrament of Reconciliation: Thursday, 6.00-6.45 pm		

Welcome to Sacred Heart Church, especially if you are here for the first time for a long time.

Please pray for those we know who are sick. If you are ill and you would like your name to be mentioned on this newsletter, let me know (in writing, please). Similarly, if a family member is ill, please let me know in writing.

Please pray for Antonio Abreu, Margaret Jones, Mary Murphy, Delia Simmons, Maria Barresi, Noleen Keenan, and all those who have died recently, and for all those whose anniversaries occur about this time, including: Mgr. Bernard Stephen O'Connor, Frs. John Francis Hughes, Aidan White-Spunner, Brendan Byrne, Thomas Burbage, John Murray and John Galcius. Eternal rest grant unto them, O Lord. May they rest in peace.

The Sacraments. I am available for Confessions on Thursday evenings, 6.00-6.45. If you would like to arrange a Baptism or a Marriage, please call me.

Winter is coming! I confess that I have never watched a single episode of the TV series "Game of Thrones", but I understand that there was a catchphrase in it, "Winter is coming!", which implied all sorts of doom and disaster to come. I must also admit that I can't help noticing without a slight feeling of disappointment and depression that, at this time of year, the sun sets earlier each evening. All the signs are that this particular winter is going to be one to be endured with the best grace we can find, rather than one to be enjoyed. But having said that, let us remember that all times belong to God and that we are precious to Him. Indeed, He has carved us on the palm of His hand, and He will not desert us. The winter season has many beautiful things to look forward to. In just a couple of weeks we shall celebrate the great Feast of All Saints, remembering that God has won the victory over evil, even in weak creatures like us. Then, at the lowest point of the winter, the darkest hours of the year, we shall celebrate the fact that God Himself has come to be one with us in all the fears and sorrows that surround us. There is every reason to hope and to live with purpose. Finally, the greatest reason of all to rejoice at this time of year: the clocks change next Saturday night/Sunday morning. That means we get an extra hour in bed. Yippee!



If you cannot get to Mass – and the Sunday obligation to attend Mass has been lifted for the time being – you can still join in by watching a live Mass via the wonders of modern technology. Here is a prayer, an Act of Spiritual Communion, which you can say as you watch a Livestream Mass:

"My Jesus, I believe that You are present in the Most Holy Sacrament. I love You above all things, and I desire to receive You into my soul. Since I cannot at this moment receive You sacramentally, come into my heart. I embrace You as if You were already there and unite myself wholly to You. Never permit me to be separated from You."

Prayer at the end of Mass:

Hail, holy Queen, Mother of mercy, hail, our life, our sweetness and our hope. To thee do we cry, poor banished children of Eve: to thee do we send up our sighs, mourning and weeping in this vale of tears. Turn then, most gracious Advocate, thine eyes of mercy toward us, and after this our exile, show unto us the blessed fruit of thy womb, Jesus, O merciful, O loving, O sweet Virgin Mary! *Pray for us, O holy Mother of God, that we may be made worthy of the promises of Christ. Amen.*

Updated Restrictions For Places Of Worship. Since Monday, 28th September, the following changes to government restrictions have come into effect:

- Weddings: attendance is now limited to 15 people.
- Baptisms: For baptisms outside of the context of a parish Mass, attendance is limited to 6 people. For baptisms in the context of a parish Mass, the capacity limit of the church applies.
- Funerals: no change i.e. attendance limited to 30 people.
- Mass: If you are attending Mass with others, then the group should not exceed 6 people. A group of six can be made up of people from outside your household, but social distancing must be maintained between members of different households. The only exception to this new rule is where a single household (or support bubble) contains more than six people, but the same rules on social interaction with others outside of the group apply.
- Confirmation & First Holy Communion: In the context of a parish Mass, the normal capacity limit of the church applies. If it is not within a Mass then only six may attend.

PLEASE REMAIN VIGILANT. Wear a face covering in the church and keep a safe distance from other people. If you or anyone with whom you have been in contact has symptoms of Covid-19 please do not come to church. Thank you for your co-operation with these measures to help stem the spread of Covid-19 and keep those attending our church safe. If you or someone you know in the parish is self-isolating and is in need of any support, such as help with shopping or a chat on the phone, please get in touch with the Parish Office: Email: sacredheartchurch.oxford@gmail.com Phone: 01865 776903. Live streaming of the Mass each day is available at: <http://www.stanthonyofpadua.org.uk/>; <https://corpuschristiheadington.co.uk> <https://greyfriarsoxford.weebly.com>

NHS Track and Trace System. Each time you come to Mass please provide your contact details. EITHER scan the QR code for our church with your phone, OR give your name and phone number to the stewards as you come into the church. Thank you.

Gift Aid. Gift Aid envelopes for the financial year 2020/21 are now available in the hall. If you haven't already done so, please take your box, avoiding touching the others. If you are paying income tax in the UK and you are not currently Gift Aiding your offertory gifts, please consider doing so. Contact Sally McVeigh or Chris Breward) to complete gift aid forms.

In November especially we pray for those who have died. There will be a Parish Memorial Mass for those in the parish and our family/friends who have died, especially those during the past year, on Saturday, 28th November, at 11.00 am. All welcome.

Census. Please return your census form if you have not done so yet; if you have lost the form, email Chris Breward at sacredheart.oxford@rcaob.org.uk.

Rosary: October is the month of the Rosary, and you are welcome to join me to pray five Decades on Monday and Thursday after Mass during the month.



APF (red) Boxes. If you have a red box please bring it in to be emptied, either to the Sacristy or directly to Jackie, by next Sunday, 25th October. Thank you.

One World Week 18-25 October: usually each year there is an Intercultural Mass. This year it will be an online

Intercultural celebration of the many nations that now make up the Diocesan Family, prepared by the Ethnic chaplaincies in the Diocese. It is available on the Diocesan Website (www.birminghamdiocese.org.uk), which means that it is available to everyone. There is lovely music, prayers, readings and greetings in the many languages of our Community.

World Mission Sunday, Today is World Mission Sunday, a special day that unites Catholics all over the world in prayer, celebration and care for the mission of the Church. Your prayers and donations will support the work of missionaries as they share God's mercy and love.

CAFOD have sent a message of thanks for our support of the recent coronavirus appeal on Harvest Family Fast Day. Our parish raised £143.75. Thank you for your generosity, and please pray that our sisters and brothers around the world can survive, rebuild and heal.

Tailpiece: A parish priest came back to his presbytery one day, panting and almost completely exhausted. "What on earth is the matter, Father?" asked his worried housekeeper. "It's this great new idea I have to live more simply and save money," he gasped. "I ran all the way home from the deanery meeting behind the bus and saved £1.50." "But Father, that wasn't very clever," objected his housekeeper. "Why didn't you run behind a taxi and save £10?"

May God bless you and all those whom you love, and keep you safe. Fr. Harry.